

ADJECTIVES THAT DESCRIBE FOOD

Complete the sentences with the words from the table below.

bland	free-range	eggs
additives	stodgy	pesticides
cream/fat	processed	plain

- 1) If you say food is _____, you mean it contains a lot of carbohydrates. You feel very full after eating it, and it keeps the cold out!
- 2) If you say it's **rich**, you mean it contains a lot of _____ or _____, and if you ate too much of it you might feel sick. The opposite of **rich** (in this context) is _____.
- 3) If you say food is _____, you mean it doesn't have a strong flavour, e.g. a plate of spaghetti with no salt, oil or sauce on it.
- 4) **Organic** food contains ingredients that have been grown without _____. In the case of meat, no growth hormones have been used. People who eat this kind of food only buy _____ eggs.
- 5) _____ food has been manufactured to make it taste nice, but probably contains _____ and artificial ingredients.